

# Cycling Europe

## A TASTE OF SWEDEN & SURPRISING STOCKHOLM 2020 SELF-GUIDED CYCLE TOUR 9 DAYS/8 NIGHTS



***Stockholm city is built on 14 lakes with a history dating from the Vikings. Cycle an archipelago of islands where palaces such as Drottningholm; the Vasa Museum with its painstakingly restored 17<sup>th</sup> century ship; Vaxholm Fortress; Gripsholm, Tullgarn and Taxinge palaces; plus small picturesque towns like Mariefred are all waiting to be discovered. Modern day Stockholm has Bohemian districts with trend-setting restaurants, sculpture parks, bio-dynamic gardens and the popular ABBA Museum. Leave Stockholm behind and be immersed in nature as far as the eye can see. Untouched and remote, the amazing scenery of the Somland surrounds you. Arrive at the Baltic Sea and the idyllic town of Trosa where red-roofed houses and cobbled alleyways hug the sea shore. Dine on fresh crabs, salmon and smoked fish. Return to Stockholm with time for one last stroll through the city's Old Town, the Gamla Stan.***

### **GRADE**

Flat to slightly hilly with climbs of no more than 100m. Bike paths in Stockholm and some gravel paths on the outskirts. Ferries and a train journey are incorporated into the itinerary.

### **DAY 1: ARRIVAL IN STOCKHOLM**

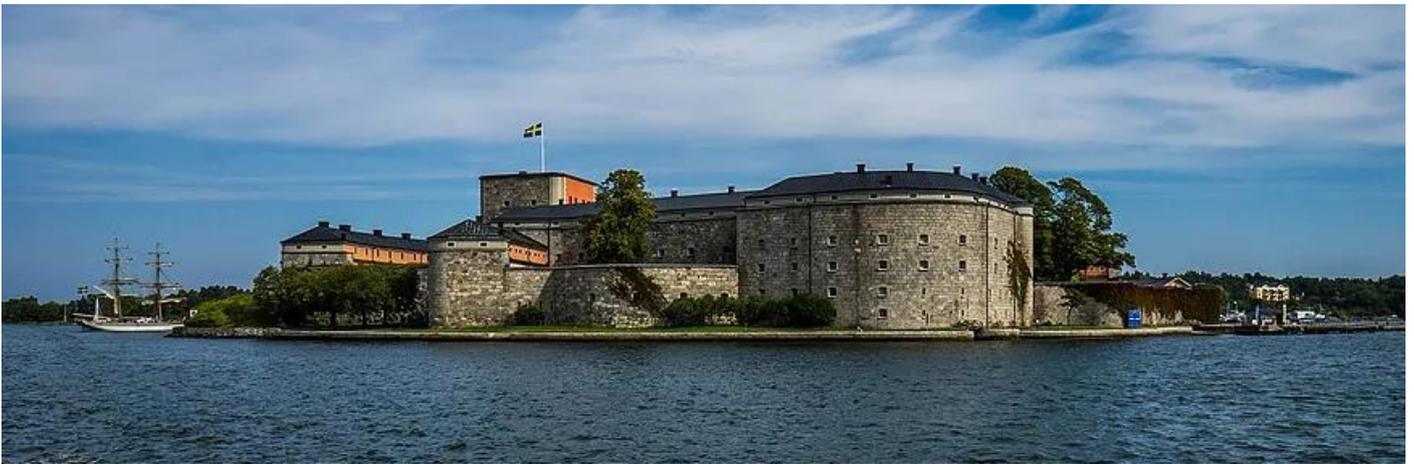
Arrival in Stockholm – often call the “Venice of the North”. Take your first stroll through Sweden's capital, or even experience Stockholm from the water by taking a trip under the bridges on the Royal Canal Tour.

In the evening, meet in the hotel for your welcome briefing and bike fitting.



### Day 2: Stockholm – Vaxholm round trip – (35 km)

You'll leave the capital in a north-easterly direction and soon you're out in the country. After two short ferry trips you reach "the Capital of the Archipelago", Vaxholm. There are restaurants, shops, a fortress from the 16th century and a lively boating culture. The ferry back to Stockholm departs regularly and takes about 50 minutes.



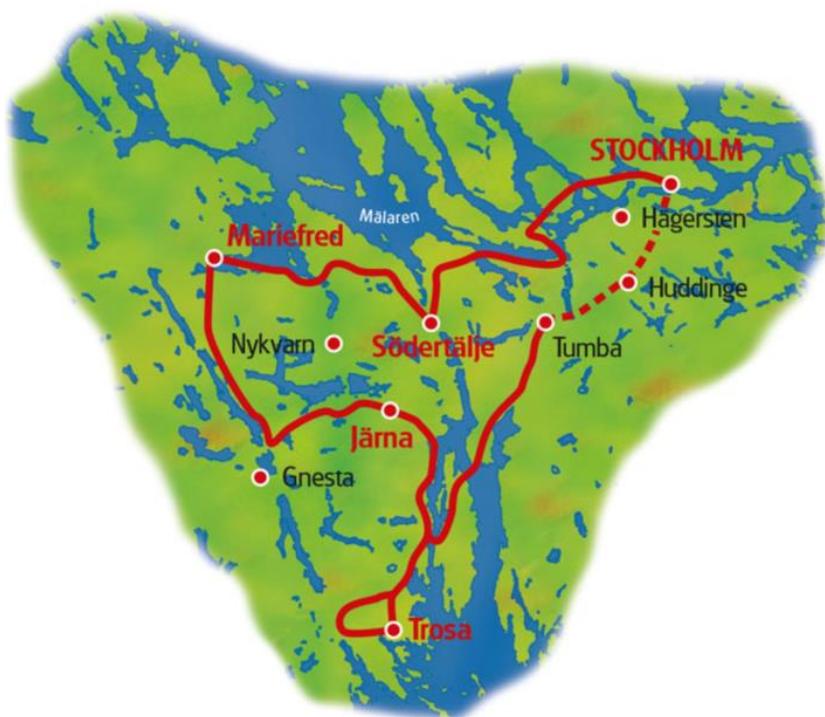
### Day 3: Stockholm – National City Park round trip (45 km)

The right-to roam (allmansrätten) is an integral part of the Swedish psyche. The Royal National City Park is a 10km long green space surrounding and snaking into Stockholm. The forest harbours moose, foxes, deer and birds. Today you ride to the Royal island of Djurgården and pass the classic old amusement park of Gröna Lund, as well as the Vasa Museum. The next stop is the old quarter Djurgårdsstaden, where some of the beautiful wooden houses date back to the 18th century. Thereafter you pass the open air museum Skansen and the famous art museum Waldemarsudde. You will cycle along the waterfront for a while, where you can take in Stockholm's beautiful harbour entrance and the boats passing by.

### Day 4: Stockholm – Drottningholm Palace - Södertälje (53 km)

Today you will leave Stockholm along an ancient trade route that has existed since the Viking Age, skirting along Sweden's third largest lake, Lake Mälaren. On the way, you pass the World Heritage listed Drottningholm Palace. The royal family grew up here, right on the shore of Lake Mälaren. Also located in the grounds is the Chinese Pavilion dating from the 18th century. It's worth a visit, as is the old cellar house cafe, serving delicious waffles. You continue by ferry to Södertälje. At Sturehov, located in eastern Lake Mälaren at Rödstensfjärden, it's time for a late lunch. Södertälje is located between Strängnäs, Stockholm and Nyköping where Lake Mälaren is connected to the Baltic Sea through the lock in Södertälje canal.





### Day 5: Södertälje - Mariefred (approx. 40 km)

Today you cycle on small side roads to Gripsholm Castle. It houses the national portrait collection of more than 4 000 works that trace the portrait art from the 1400s and up to the present. The castle's history goes back to the 1370s, when Bo Jonsson Grip built a castle on a promontory which, after several expansions became Gripsholm Castle. You continue to today's destination Mariefred, one of Sweden's nicest towns situated on a lake.



### Day 6: Mariefred – Järna (approx. 45 km)

Today's tour takes you right into the middle of untouched and remote nature reserves, through the amazing scenery of Sörmland. At this spot countless rivers and lakes were formed due to vast tectonic movements. Nevertheless the altitude is never higher than 100m. Once you have mastered the hills you are rewarded with stunning views and a long descent afterwards. Your hotel is located in the small town of Järna with its world famous Anthroposophy village with bio-dynamic gardens and characteristic architecture.

### Day 7: Järna - Trosa (approx. 35 km)

Your destination for the day is the idyllic Baltic Sea town of Trosa, the setting for many films. In one of the little restaurants we recommend you to try some of the amazing local seafood like salmon or smoked fish.



## Day 8: Trosa to Stockholm (approx. 55 km)

Northward bound and a short ferry trip later you return to one of Stockholm's many islands. The last part is covered by commuter train to Stockholm and in the afternoon cycle the final few kilometres on lovely flat cycle paths along the water to Stockholm's Southern island of Södermalmand and back to your hotel. In the evening, enjoy a typical Swedish dinner in one of the numerous restaurants on the island.

## Day 9: Departure from Stockholm after breakfast

### 2020 COST PER PERSON IN EUROS IN 3\* & 4\* HOTELS

	Low Season	Mid-season	High Season
Share twin/ double	€1149	€1220	€1270
Single room supplement	€499		
Rental bike	€125 (24 speed touring bike with bag, repair kit and lock)		
Rental Electric bike	€250 (with bag, repair kit and lock)		
Rental GPS	€ 10		
Helmets	€ 10		
Extra nights Stockholm	€110 per person twin share including breakfast €65 Single room surcharge		

### 2020 SCHEDULE

Every Friday from the 08 May until 11 September 2020. Minimum of 2 participants.

Low season 08 May -22 May & 05 – 20 September

Mid-season 22 May – 05 June & 22 August – 04 September

High season 05 June – 16 August

### TOUR COST INCLUDES

- 8 nights accommodation in centrally located 3\* & 4\* hotels
- MEALS: Buffet breakfast daily
- Personal welcome briefing and bike delivery
- Luggage transportation
- Train ride Tumba – Stockholm
- Detailed route descriptions and maps
- GPS files available
- Hotline service for assistance in case of emergencies 7 days a week.





*Book through:*

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